



*Guiding Leaders to
Enjoy Success
and Well-Being.*

Dr. Gaby Cora

CEO, CoraLG, Inc.

Think · Say · Do Good

Gabriela Cora, MD, MBA

Speaker & Consultant:

**Leadership
Health & Wellness**

DrGabyCora.com

TEL 305-762-7632

From Dr. Gaby Cora

"I became a medical doctor at the age of twenty-four, graduating with honors while I was also a mother of two. Years later, I pursued a master's in business administration, striving to integrate health, wealth, and well-being."

Thirty years in practice. A psychiatrist who works with executives, and who was writing about burnout in 2005, years before the World Health Organization defined it.





Inspirational Speaker

Leadership & Well-Being

- Leading Under Pressure
- Alpha Female Leader
- Think · Say · Do Good
- From Stress to Your Success
- The Power of Wellbeing
- Women Leaders
- Hispanic & Latinx Leaders
- AI, Spirituality & Wellbeing
- Managing Work in Life
- Plant-Based Nutrition
- Health & Well-Being



Leadership Consultant

While many struggle whether or not they can do everything Dr. Gaby believes you can, but need to choose to do one thing at a time. As a business advisor and strategist, she guides C-level executives while they are leading under pressure, with the ultimate goal of reaching their potential while also experiencing The Power of Wellbeing™.

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- Leadership development and transitions
 - Organizational development
 - Critical incident and crisis leadership
 - Conflict management and resolution
 - Change management
 - Mastermind group facilitation



Wellness Coach

Dr. Gaby's purpose is to inspire you to achieve your best as you master your business pressures while staying healthy. She combines an inspirational message with thirty years of experience helping people achieve their peak performance and productivity while enjoying success and well-being.

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- C-level executives of privately owned companies
 - Corporate executives and entrepreneurs
 - English and Spanish-speaking leaders
 - Locally and globally, at your company or mine



Media Expert

Dr. Gaby has been a regular guest on national media including print, radio, and television since 1995.

Watch the TV demo reels

English DrGaby.tv

Español DraGaby.tv

TEDx

Alpha Female, at TEDxJupiter

AlphaFemaleTED.com

Keynote

Presidential keynote, American Psychiatric Association Annual Meeting, 2019



SmartMoney.com



The
New York
Times



WSJ.

BusinessWeek

Men'sHealth Women'sHealth

Forbes

TIME



Entrepreneurs'
Organization



AMERICAN
PSYCHIATRIC
ASSOCIATION



Speaker at national and international conferences

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Digital Health & AI

A physician who builds the products, not only advises on them

The Power of Wellbeing

Three apps: Leading Under Pressure, Quantum Wellbeing and Be the Butterfly. On the App Store, September 17, 2026.

TrialHer

Chief Medical Officer and board director. An AI and digital health platform advancing women's health research. Geneva.

Phienx, Empathy Encoded

Co-founder and Chief Medical Officer. Launched E.M.A., an AI app for emotional health, in 2024.

Speaking on AI

MedAI2026, Orlando: invited judge, pitch competition

MedAI2025, San Diego: Shark Tank judge, chair of AI and Women's Health

AIMed 2025: speaker and roundtable chair

MedAI2024, Orlando: AI in Mental Health

Be the Butterfly

Signature keynote, delivered in English and Spanish

No monarch completes the journey. It takes three to four generations to fly north, and the ones that return south have never seen the forest they navigate to.

- Three thousand miles, to a handful of fir groves in Michoacán.
 - The generation that flies furthest pauses reproduction, and lives eight months instead of six weeks.
 - They steer by a sun compass, with the clock running in their antennae.
 - Science did not know where they went until 1975.
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For leadership rooms

Legacy, succession, and building what no single tenure will finish.

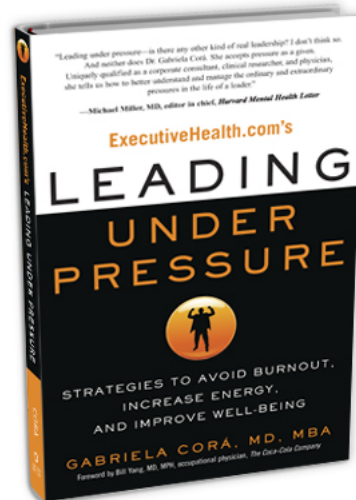
For wellbeing rooms

Consciousness, continuity, and the flight itself.

The apps

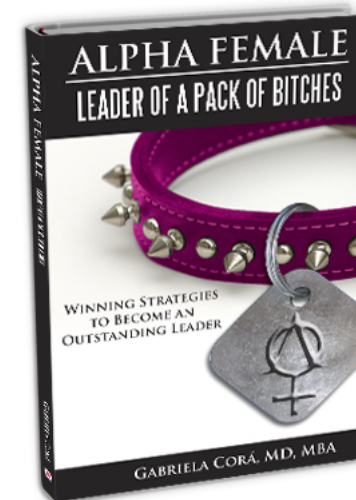
The Power of Wellbeing suite carries the same idea: a practice that scales past any one person.

Published Works



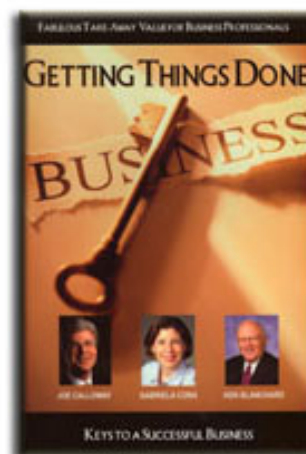
Leading Under Pressure

Strategies to Avoid Burnout, Increase Energy and Improve Your Well-Being
Career Press, September 2010
All royalties donated to Save the Children



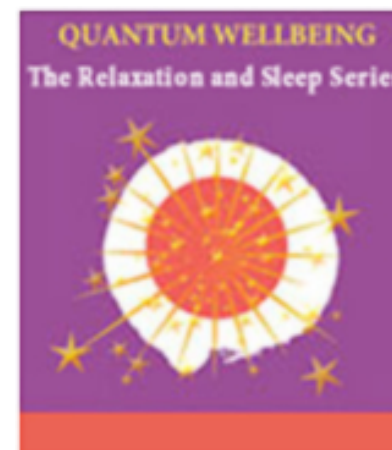
Alpha Female

Leader of A Pack of Bitches: Winning Strategies to Become an Outstanding Leader
Also a TEDx talk, at TEDxJupiter



Getting Things Done in Business

Keys to a Successful Business
Co-authored with Ken Blanchard and Joe Calloway
Dr. Cora's first book



Quantum Wellbeing

The Relaxation and Sleep Series
Eight audio CD set, now an app

The Power of Wellbeing

Three companion apps, on the App Store, September 17, 2026



1 · LEAD

Leading Under Pressure

Steady yourself under pressure.
Includes the Mini Burnout Quiz
from The Wall Street Journal.



2 · RESTORE

Quantum Wellbeing

Find your core. Relax, focus,
and rest better, guided by the
meditations behind the method.



3 · TRANSFORM

Be the Butterfly

Become who you are meant to be.
An original framework built from
thirty years of practice.

The Mini Burnout Quiz · BurnoutQuiz.com

Featured in The Wall Street Journal, "When the CEO Burns Out"



**BOOK ME AS YOUR
SPEAKER:**

**Call 305-762-7632 or
Email
GCL@DrGabyCora.com**

**to secure my
availability
for your
upcoming event**

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