• Do shows like The Andromeda Strain make you paranoid, too? It doesn't take much to set off my doomsday

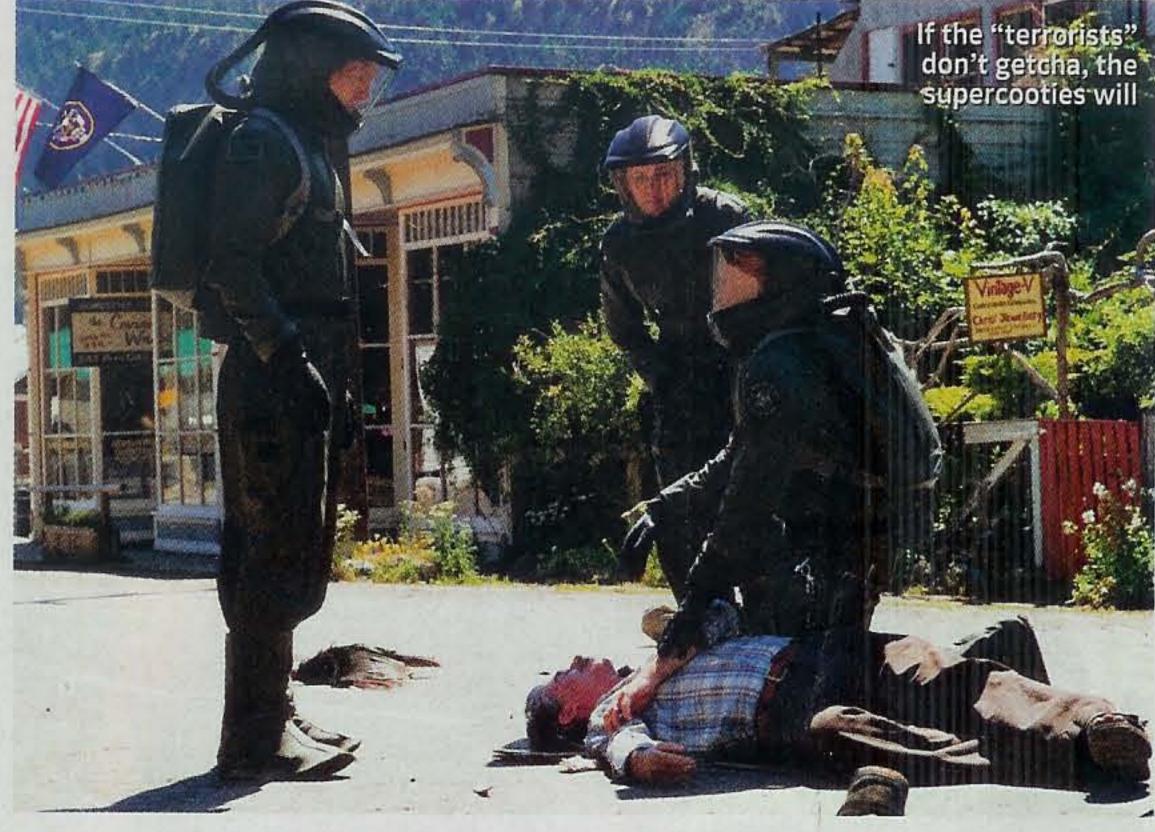
too? It doesn't take much alarms. So couple the Benjamin Bratt A&E miniseries about a pathogen that takes you out in 10 seconds with Seasons 3 and 5 of 24, and it's a small miracle that I even leave the house. After watching how the Andromeda strain slipped past quarantine, I just know that some supercootie is going to come. And we won't be able to contain it and....[Sigh] Clearly I've got issues. But

Clearly I've got issues. But they're normal ones, according to Dr. Gabriela Cora, a psychiatrist who specializes in mood,

management. "To
be a little anxious is
not a bad thing,"
she says. "But to
react to this movie
as if the end of the
world is about to happen may be too much."
Basically, it's all fun and games
until I start shopping for
hazmat suits.

anxiety and stress

Has American Gladiators
missed the mark with
Vertigo? The show's new event



tests players' balance and core strength by having them race across small platforms mounted on swaying 30-foot-tall poles.

The problem: It's not as exciting to watch

because it simply pits
the Gladiator pros
against inexperienced athletic joes
rather than having
the contenders race
each other while being
chased by Gladiators.

Opportunity wasted, Am Glad.

 Did Katherine's speedy adoption ruin things for people looking to adopt in Romania? In the Desperate Housewives season finale, Wisteria Lane's battered neighbor admitted not only to burying her daughter Dylan in the woods after the kid was accidentally crushed to death years ago, she copped to zipping off to Romania to get a child to replace her in what had to be one heck of a suspiciously quick adoption. "I found a girl in a Romanian orphanage who looked just like Dylan," she said—as if a woman

in and pick up a child at the cash-and-carry shop, then drop said child in her dead daughter's place without a hitch. I was offended on behalf

a hitch. I was offended on behalf of Nadia Comaneci's people. So I did a quick search. And, shut my mouth, apparently such adoptions were once a problem. According to a 2005 Helsinki

According to a 2005 Helsinki
Commission report, the Romanian adoption system had gotten so corrupt in the '90s that the Romanian government banned intercountry adoption. Now it's next to impossible for law-abiding people who want a baby to adopt a Romanian child. Way to ruin it for other folks, Katherine.



IS IT

by Rochell D. Thomas

A READER'S IS IT JUST ME?

Does ER's County General get shot up a little too often?

And reach!

That emergency room has been blown up, machine-gunned and held hostage by countless crazies. Gangbangers walked up with weapons raised when

Dr. Benton was performing surgery. Lack of security caused a face-off between Carter and Weaver. You'd think they'd learn! Yet in a recent May episode, a man was still able to hold the staff at gunpoint. Either this hospital should invest in better security, or the state should close it and burn the building to the ground to get rid of the bad karma. —Trey Farr, Spartanburg, S.C.

